



Florida
CHAPTER

FIT LEADERSHIP/RESEARCH OPPORTUNITIES

Big Sky-3T (Teaching Tomorrow's Teachers)

3T is a conference that not only teaches cardiology but also how to teach. For fellows interested in education there is no better opportunity to hone your presentation skills or perhaps learn them in a more supportive and educational environment. The conference starts weeks in advance by partnering you with a mentor and presenter who has interests similar to yours. They help you select a case pertinent to their topic and tweak it to present during the conference. Once you arrive at the conference there is an orientation where you meet the leaders who are senior fellows and young attendings that have gone through the program in years past. They introduce you to the finer points of education while helping you learn how to present in a way to keep your audience's attention. Each morning you spend the first hour having breakfast with the legends of our field such as Dr. Yancy, Dr. Eagle, and Dr. O'Gara. You can discuss any topic you like with them in a small group setting and make many valuable relationships. The presentations themselves are scored by your classmates and as you learn each day pouring over seemingly every topic of cardiology; you spend the afternoon reviewing and improving your own presentation abilities. By the time you have finished, your mastery of speaking, teaching, and PowerPoint will have significantly improved. The 3T group itself will allow you to make new friends and valuable connections that will benefit you the rest of your career.

Website: <https://www.acc.org/membership/sections-and-councils/fellows-in-training-section/section-updates/2019/05/23/11/30/jacc-fit-early-career-page> (for information about future programs, contact Kristen West (kwest@acc.org)).

Andrew Murray, DO

Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease and Stroke

This is a 10-day workshop geared towards health care professionals and researchers with interest in cardiovascular epidemiology. Usually takes place in Lake Tahoe, CA in late Jul to early Aug. Applications are due late March to early April. Travel awards are also available. This is a really fantastic experience and provides a crash course on the epidemiology of cardiovascular disease in the US, basic statistics and grant writing. You also get the opportunity to meet established researchers working in the field of CV EPI, network with them one-on-one and also meet directors from NIH and CDC in an informal setting. Relationships developed during this meeting can help to kick start or propel forward a career in cardiovascular research.

Website:

https://professional.heart.org/professional/EducationMeetings/MeetingsLiveCME/TENDAY/UCM_320861_Ten-Day-Seminar-on-the-Epidemiology-and-Prevention-of-Cardiovascular-Disease.jsp

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